Shropshire Community Health NHS Trust Services for Children and Families

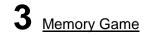
MEMORY



Tactile Letters

1

Have an assortment of tactile letters in a bag. Begin with only 3 letters. Show the child the letter put it in the bag with the other 2 letters. Encourage the child to feel for the correct letter without looking.



Use a selection of matching pair cards. Encourage child to turn card, replace it and turn another card to attempt to find a pair.

VIZZIES ACTIVITY SHEETS

Memory Child's Name:



2 <u>Kim's Game</u>

Find 10 everyday items i.e. key, spoon. Encourage the child to remember as many of the items as they can. Remove one item without the child looking. Child has to identify the missing object. Try to increase the number of objects removed.



Use selection of matching pair cards. Lay cards in a sequence. Encourage the child to visualize characteristics of each card to aid memory of sequencing. Cover sequence. Child reproduces sequence with own cards. Begin with sequence of 2 and increase as confidence and competency increases.

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5 <u>Coloured Cubes</u>

Provide a sequence of coloured cubes beginning with two. Allow the child to view the sequence. Cover the sequence and encourage the child to copy the sequence from memory.

6 Squared Paper

Adult colours a sequence of squares on squared paper. Allow the child to view the sequence before covering it and encourage the child to reproduce the sequence.

Jumping Sequencing

Use large sequences of paper, which are coloured, numbered or lettered. Begin with coloured squares taped to the floor. Show the child a sequence, initially only two colours/numbers etc. Child then jumps onto the squares in the correct sequence. Increase difficulty by increasing amount of squares in the sequence and move onto letters and numbers.

VIZZIES ACTIVITY SHEET MEMORY:

The activities have been put together to improve visual memory skills. They can be done in any order and should ideally be practiced about 3 times a week for 10 - 15 minutes.

Equipment Needed:

- Tactile bag
- Large tactile letters e.g. foam bath letters
- Sandpaper
- Letter/number/picture cards
- 10 Everyday objects e.g. key
- Large paper squares with colours/numbers/letters
- Masking tape
- Coloured cubes
- Squared paper

